



Nine Strategies for the FMC-USA Suggested Action Steps

STRATEGY 7: Cultivate Health

Pray

Use FMWM resources to help your church be a praying church.

- Weekly Missions Hotline prayer update
- FMWM quarterly magazine prayer calendar
- Ministry Prayer Directory
- Missionary bulletin inserts and prayer card

Request these resources at 1.800.342.5531, ext. 236.

Grow

Help your church evaluate its heart for missions by working through the questions found in “Evaluating Our Missions Heart,” found at: www.fmwm/2015-missions-resources/.

Read *When Helping Hurts: How to Alleviate Poverty Without Hurting the Poor and Yourself*, by Steve Corbett and Brian Fikkert to understand how your worldview can help or harm those you desire to serve.

Read “Our Calling to the Poor” by Joseph F. James, a booklet adapted from a sermon he gave during the 2007 General Conference. The booklet concludes with a clarion call for Free Methodists to renew their original calling to the poor and 20 practical suggestions of ways to love the poor. (Order at 1-800-493-7539 or www.wphonline.com.)

Give

Identify ways to practice generosity by investing in global ministry. Go to give.fmcusa.org to find a list of Country Support Accounts, Missionary Support Accounts and Extra Mile Projects funding Free Methodist ministry around the globe.

As soon as you wake up in the morning, reflect on five blessings in your life. Develop a grateful heart by thanking God for each one.



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