



CONNECT WITH GOD'S  
HEART FOR THE WORLD



FREE METHODIST WORLD MISSIONS

## YOUTH LEADER'S GUIDE

Set Free Movement

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**Preparation:** In preparation for the lesson take the slavery footprint survey at [slaveryfootprint.org](http://slaveryfootprint.org)



**Opener:** Fact-Finding Game with a Twist<sup>1</sup>

Give everyone a small piece of paper and have them write one fact about themselves they think no one will be able to guess. (Hint: they may want to disguise their handwriting.) Instruct everyone to fold their paper and drop it in a designated container. Then redistribute the papers. (No one can have their own.)

Pick one person to start by reading aloud the paper they have drawn and trying to guess who wrote the fact. If they guess correctly, they become a slave owner and acquire that person as a slave. The slave hands the captor their paper, then together they try to capture the next person. If the reader guesses incorrectly, the person they guessed gets the next turn. If a slave owner is captured, their slaves are captured as well.



Note: If a person captures a slave who is holding the now slave owner's fact paper, the slave owner is safe, but their turn is over. The leader then chooses a new person to start the guessing again.



**Transition:** When the game is finished, who has the most slaves? How many slaves do they have?

Read: I have a confession to make. I have \_\_\_\_\_ slaves working for me. (Reveal your results from the slavery footprint survey.) In fact most, if not all, of us have slaves working for us. You have probably been involved in slavery or human trafficking without even knowing it. Many of the clothes we wear, the foods we eat, and the products we buy are connected to modern day slavery. In fact if you did a



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quick Google search you could find that many companies you buy products from are connected to modern day slavery. Slaves grow the cotton used to make our clothes, the coffee beans used in our mochas and lattes, and the cocoa beans that make the chocolate we enjoy so much.

This may shock you, and you may be thinking, "Wait a second didn't slavery get abolished hundreds of years ago?" Yes. Slavery officially ended in the United States in 1865 when Congress passed the 13th Amendment to the Constitution. In fact, slavery is not legally allowed in any country or nation in our world. But just because something is outlawed or illegal doesn't mean it goes away. Slavery used to be out in the open, but modern day slavery isn't so obvious. Modern day slavery and human trafficking still happen, but they no longer take place openly.

## Questions

- **How many slaves exist in our world today?**  
*According to the Global Slavery Index<sup>2</sup> there are nearly 30 million slaves in the world today.)*
- **We honestly don't know an exact number; this is a guess. Why don't we know the real number?**  
*(Slavery is a hidden industry.)*
- **What is human trafficking and modern day slavery?**  
*(Kevin Bales of Free the Slaves<sup>3</sup> defines slavery as people: 1. held by violence, 2. unable to walk away, 3. doing things they don't want to do.)*
- **What does modern slavery look like?**  
*(Slavery takes many forms. It's in our cupboards, our closets and kitchens. The products we buy may have slavery in the supply chain. It's not just about sex slavery, but also about the oppression of millions for profit.)*



To illustrate what human trafficking and modern day slavery look like check out the resources page on [www.setfreemovement.org](http://www.setfreemovement.org).

Read real stories – contact Kevin Austin:  
[kevin@setfreemovement.org](mailto:kevin@setfreemovement.org)

Show a video. Lisa Kristine has an excellent Ted Talk about slavery: [https://www.ted.com/talks/lisa\\_kristine\\_glimpses\\_of\\_modern\\_day\\_slavery#t-2369](https://www.ted.com/talks/lisa_kristine_glimpses_of_modern_day_slavery#t-2369)

Music Video: "Justus" by Washington Projects:  
<https://www.youtube.com/watch?v=CQNiibbgm5M>

- **Why does slavery happen?**

*(It is profitable. According to Siddharth Kara<sup>4</sup> slavery generates at least \$96 billion a year; consumers value low prices and things more than people.)*

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**What does the Bible say about human trafficking and modern day slavery?**

- Read Isaiah 58:1-9. *(Try reading it in a few different translations to help the students understand the context.)*
- What are the people doing in verses 2-3? *(They are fasting, worshipping, praying, seeking God, asking for His help just like we do.)*
- Why is God upset with His people in verses 3-4? *(During their fasting and worshipping they exploit and mistreat people.)*
- What does God desire of His people in verses 6-7? *(to fight injustice, set the oppressed free, feed the hungry, meet the needs of the poor)*

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**What can you do to help?**

- Pray – Pray daily for freedom for those in modern-day slavery. Pray about how you can help.
- Fast for Freedom – A Freedom Fast is a fast where you intentionally don't spend money on something and donate that money to an organization that fights human trafficking. Get your friends to join you!
- Sponsor a child – Many anti-trafficking and human rights advocates agree that international child sponsorship is the number one defense against slavery and child trafficking.
- Educate yourself – Read books, visit websites, learn about the issue.
- Take the Slavery Footprint Survey – [www.slaveryfootprint.org](http://www.slaveryfootprint.org).



Check out [www.setfreemovement.com](http://www.setfreemovement.com) and their 30 ways to end modern day slavery.

- Examine your lifestyle and ask hard questions about consumerism, materialism and supply chains for the products you use.
- Make ethical choices with spending – Buy Fair Trade and ethically sourced products when you can. Check out <http://www.free2work.org/> to see how companies are rated connected to this issue. Avoid companies who have been shown to use slaves in their supply chain.
- Fundraise – Hold a fundraiser to benefit fighting human trafficking.

### **Closing**

You can make a difference. You can change the world. You can end modern day slavery.

Teenagers have a buying power of \$258 billion in the US<sup>5</sup>. That is a lot of money. What if your generation channeled that money toward companies who pay people living wages and utilize supply chains that don't use slaves? What would happen if your generation educated themselves and our world about this issue? Your time and your money can change the world and make a difference. What is the next step you need to take to fight modern day slavery?

### **Other resources**

- John Foreman song – <http://www.youtube.com/watch?v=JrY1-gPMOKY>
- Amos 5:21-24 – I hate all your show
- Isaiah 1:15-17 – God rejects prayer, defend and fight for the oppressed
- Isaiah 58 – true fasting
- Psalm 82:2-4 – defend cause of the fatherless

<sup>1</sup><http://www.egadideas.com/idea/fact-finding-gameicebreaker/>

<sup>2</sup><http://www.globalslaveryindex.org>

<sup>3</sup><https://www.freetheslaves.net>

<sup>4</sup> [http://www.amazon.com/Sex-Trafficking-Inside-Business-Slavery/dp/0231139616/ref=sr\\_1\\_1?ie=UTF8&qid=1412367133&sr=8-1&keywords=Siddharth+Kara](http://www.amazon.com/Sex-Trafficking-Inside-Business-Slavery/dp/0231139616/ref=sr_1_1?ie=UTF8&qid=1412367133&sr=8-1&keywords=Siddharth+Kara)

<sup>5</sup><http://www.statisticbrain.com/teenage-consumer-spending-statistics>