

No Matter the Highs or the Lows

by Taylor Shockey, Thailand

Romans 12:2 says, “Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is — his good, pleasing and perfect will.” I came across this verse as I was putting together a life group discussion for my varsity volleyball team. It’s a verse Katelyn and I both keep coming back to.

In order to understand the will of God, we must first block out the lies of this world and hold on to what is true. The battleground between conforming to the world and being transformed starts in the mind. We often rely on feelings and actions to guide us, which will frequently lead us astray. Before asking “How do I feel?” or “What should I do?” we must first ask, “What is true?” To be transformed is to live a life based on truth. The renewing of our minds begins with our understanding of what is true.

If you have ever played volleyball, you will understand that mistakes are inevitable and momentum is everything. As a coach, watching a team play based on emotion is a rollercoaster. The peaks are high, and the drops are even lower. Such is a life based on emotions and actions rather than the Word and will of God. The world tries to cloud our vision and pump negative thoughts into our minds. This is why we must know in our hearts what Jesus has told us to be true. He loves us, died for us, and has washed us clean. He created us unique and has gifted us to bring Him glory like no one else can.

Katelyn and I are finding this to be true time and again. He loves us, died for us, and has called us to be here in Bangkok, Thailand, to bring Him glory through our teaching and coaching. No matter the highs or lows, we know where our hope lies.

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