



GLOBAL ADVENTURES!

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GLOBAL ADVENTURES!

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Thanks for joining the adventure!



THEME VERSE

Sing to the LORD a new song; sing to the LORD, all the earth.

Sing to the LORD, praise his name; proclaim his salvation day after day.

Declare his glory among the nations, his marvelous deeds among all peoples.

Psalms 96:1-3



Explore the Country

General Information, Interesting Facts and An Up-Close Focus



Explore God's Work

Learn about Free Methodist Ministries



Adventure Story

Enjoy a Story from the Field & Explore More



People on Adventure

Meet the Missionaries or Country Leaders



Adventure in Prayer

Walk Through a Prayer Activity

Adventures in Culture

Participate in Culture Through Language, Music, Games, Crafts and Food

EXPLORE THE COUNTRY



Photo: Pixabay

Use the facts and information here to help your students learn about the country.

(An accompanying PowerPoint presentation can be found on our website: fmwm.org/resources/children.)

Government: presidential republic

Capital: Kigali

Population: 13,623,302

Area: 10,169 square miles, about the size of the

state of Vermont

General Terrain: grassy savannas, mountains

Climate: temperate with two seasons, wet and dry; mild in the mountains with frost and snow possible

Major cities: Kigali (745,261), Butare (89,600), Gitarama (87,613)

Languages: Kinyarwanda (official), French, English, Swahili/Kiswahili

Religions: Protestant 45.1%, Catholic 38.2%, Adventist 12.6%, Muslim 2.1%, other 1%, none 1%

Currency: Rwandan franc



Photo: Magdalena Kula Manchee/Unsplash



Photo: Pixabay

National Symbol: a traditional woven basket with a peaked lid

National Motto: "Ubumwe, Umurimo, Gukunda Igihugu" (Unity, Work, Patriotism)

Major Industries: cement, agricultural products, small-scale beverages, soap, furniture, shoes, plastic goods, textiles

Agricultural Products: coffee, tea, pyrethrum (insecticide made from chrysanthemums), bananas, beans, sorghum, potatoes, livestock

Natural Resources: gold, tin ore, methane, hydropower, land for agriculture

Major Exports: gold, coffee, malt extract, rare earth ores



Photo: Jan Coates

Interesting Facts

- Rwanda is nicknamed the "Land of a Thousand Hills."
- The national animal is the leopard.
- Rwanda is sometimes called "The Switzerland of Africa" because of its mountainous terrain.
- Rwanda is a rural country. About 90% of the population is engaged in agriculture. Most homes have at least a garden for the family.
- Rwanda is home to five volcanoes, 23 lakes and numerous rivers.
- The sandy shores of Lake Kivu, the sixth-largest lake in Africa, are a major tourist destination.
- The country's beautiful scenery and wildlife are a huge attraction for visitors. Tourism is a leading industry.
- Rwanda is the most densely populated country in Africa. That means more people live in the space compared to any other African country.
- The Volcanoes National Park is home to the rare silverback mountain gorillas made famous by Dian Fossey's book *Gorillas in the Mist*.
- For over 40 years, Rwanda and neighboring Burundi were one country called Ruanda-Urundi.



Photo: Pixabay



Photo: Jan Coates

- Rwanda is a landlocked country.
- Nyungwe is the world's largest protected mountain rainforest. Visitors can find more than 300 species of birds, 248 species of orchids and Africa's largest group of chimpanzees.

Up Close – Rwanda

Rwanda is one of the cleanest nations on earth.

They are doing several things to help protect the environment, people and animals in their country. Once a month, there is a car-free day in the capital city of Kigali to help reduce pollutants and protect the environment. The country has also banned plastic bags and single-use plastic bottles to reduce trash and protect people and animals. In addition, one day a month (the last Saturday from 8-11 a.m.) business and public transportation stop. People from 18-65 years of age are expected to contribute to the community through various forms of service: doing cleanup, cutting grass, trimming bushes, repairing buildings and houses, or cleaning wells.

Drones are used to deliver medical supplies to remote areas of Rwanda. Due to the country's mountainous nature, rain and mud can make roads treacherous and difficult to travel. Delivering

medical supplies and blood to remote hospitals by motorized vehicle can take hours, but drones are helping save lives in this country by getting supplies to the hospital — sometimes within 15 minutes.

Rwanda is a country of amazing natural beauty.

It is home to more than 80 species of mammals, including elephants, lions, giraffes, hippos and crocodiles. There are 11 species of antelope. The giant pangolin is a variety of anteaters. The colobus monkey lives in troops of 200 to 400. This monkey, with white whiskers and white fur on the shoulder and tip of the tail, is known for its acrobatics. These monkeys rarely go down to the ground but use the branches of trees like trampolines. Six hundred seventy species of birds are reported to live in Rwanda, and the country is also home to many of the world's endangered mountain gorillas.

Photo: Max Christian/Unsplash

Things to do if you visit:

- Swim in Lake Kivu.
- Go gorilla trekking.
- Visit Akagera or Nyungwe National Park.
- Visit a tea or coffee plantation.
- Participate in a community cleanup day.
- Try banana pancakes, goat meat, cassava and corn cakes, or deep-fried plantains.

Note for teachers: The Rwanda genocide that took place in 1994 is a significant piece of Rwandan history but may not be appropriate for the age of your students. However, we suggest teachers read some information to give a backdrop to where the country and the church are today. Visit britannica.com/event/ Rwanda-genocide-of-1994.



Photo: Jannik/Unsplash



Photo: Emmy Shingiro/Unsplash



Use the facts and information found here to help your students learn about the church in Rwanda. (An accompanying PowerPoint presentation can be found on our website: fmwm.org/resources/children.)



How the Free Methodist Church Began

Pioneer missionaries Frank and Hazel Adamson came from Burundi to begin the first Free Methodist mission at Kibogora in 1942. Within a few years, a great revival broke out in the area, resulting in thousands of people coming to faith in Jesus Christ. This revival was part of a larger movement known as the East Africa Revival. Soon after the first missionaries arrived, medical work and an elementary school opened. Later, a Bible school was started. The churches in Rwanda developed an aggressive church-planting program, and now there are churches in every province. In August 1985, Rwanda became a general conference and elected its own bishop.

In 1994, Rwanda's ethnic conflict erupted in a period of genocide. Missionaries were evacuated. Hundreds of thousands of people lost their lives. Millions more fled to refugee camps in neighboring countries. It



Photo: Kevin Austin

was a dark time in the nation's history, even in the church. But God has been at work. By 2016, the Free Methodist Church in Rwanda had 113,405 members. In 2023, the church reported 520,728 members. That means about 1 out of every 30 people in Rwanda belongs to a Free Methodist church.

Present Ministries

Education Ministries

Education is still a priority of the Free Methodist Church in Rwanda. There are:

- 40 nursery schools
- 45 primary schools
- 29 secondary schools

Kibogora Polytechnic University is expanding with a newer campus (branch) in the Rusizi District.

Medical Ministry

The medical ministry also remains strong, with Kibogora Hospital as a primary referral center (now ranked a Level II teaching hospital) in southwestern Rwanda. Health care is also provided in neighboring centers.



Photo: Rachel Nzungize



Photo: Jan Coates

Kibogora Hospital

The hospital is in the southwestern corner of the country and overlooks Lake Kivu. It began in the 1940s as an orphanage and a medical facility to see patients and dispense medicine.

Today, the hospital is a nationally recognized facility with many services, including an emergency room; surgery services; care for mothers, babies and children; dentistry; eye care; and testing facilities.

Rwandans and Congolese staff the hospital. Currently, two nurses from the U.S. serve as FMWM missionary nurses at the hospital. Visiting specialists from other organizations like Samaritan's Purse often come to serve short-term appointments, a month or longer, depending on need.

Church Ministry

The Rwandan Free Methodist Church is a General Conference led by Bishop Samuel Kayinamura.

• FM Work Opened: 1942

• FM Churches: 603

FM Membership: 520,728
Ordained Ministers: 350
Ministerial Candidates: 61

The church has a growing number of annual conferences, and they see steady growth. International Child Care Ministries (ICCM) sponsors more than 1,074 children in Rwanda, including those in two centers for special-needs children.



ADVENTURE STORY

Donocian's New Song of Joy

By Rachel Nzungize

A young girl lay on a bed with the curtains drawn. She did not want to speak. She was quiet and withdrawn, feeling depressed and ashamed. Her name was Donocian. For two weeks, Donocian had been a patient

in the surgical intensive care unit at Kibogora Hospital in Rwanda. She was being treated for a bone infection in her leg. To treat the it, she needed medicine and surgery to try to wash it out, but the infection wasn't getting better. The doctor had told her the best choice for treatment now was to amputate her leg. She was afraid. She wanted to get better, but she was scared of how her body would change.

She had surgery. Afterward, she continued to keep the curtains down around her bed. She didn't engage with the staff, but they kept trying. The nurses, surgeons and chaplains would come and pray with her and share food and a story with her. She would usually remain quiet, occasionally giving a slight smile. But, as time passed, she began to heal physically and spiritually, and as she did, she began to smile more often. Her eyes lit up, and the curtains would be pulled back. She was ready to talk more with the staff. She liked to tell traditional tales and folk stories from her country. She would even laugh and tell jokes. It was amazing to see life come back to her.

Donocian kept getting better until she was ready to go home. Now, it has been seven years since her surgery. She wears a prosthetic leg and uses crutches to get around. She attends a special school for disabled children and carries joy



Photo:Kevin Austin

with her wherever she goes. Her story is a testament to the healing and wholeness God provides. Donocian had spiritual and physical brokenness when she first arrived at the hospital, but God brought healing through the prayers and hands of others.

Note: Photo is not the actual person

EXPLORE MORE



Hand out these scriptures for some of your students to read. Talk about how God can heal every disease, even a broken heart. Jesus did miracles of healing by touching people or simply speaking words of healing. We believe He still heals today. Sometimes, he heals miraculously. But Jesus also does miracles of healing through the knowledge He has given men and women – nurses and doctors – who study how our bodies work and find ways to bring healing. Thank the Lord for how He used the doctors and nurses at Kibogora Hospital to bring healing and give Donacian a new song of joy!

continued

Matthew 4:23

Jesus went throughout Galilee, teaching in their synagogues, proclaiming the good news of the kingdom, and healing every disease and sickness among the people.

Matthew 9:27-30

As Jesus went on from there, two blind men followed him, calling out, "Have mercy on us, Son of David!" When he had gone indoors, the blind men came to him, and he asked them, "Do you believe that I am able to do this?" "Yes, Lord," they replied. Then he touched their eyes and said, "According to your faith let it be done to you"; and their sight was restored.

Matthew 9:35

And Jesus went throughout all the cities and villages, teaching in their synagogues and proclaiming the gospel of the kingdom and healing every disease and every affliction.

Matthew 12:2

Then they brought him a demon-possessed man who was blind and mute, and Jesus healed him, so that he could both talk and see.

Luke 4:40

At sunset, the people brought to Jesus all who had various kinds of sickness, and laying his hands on each one, he healed them.

Psalms 147:3

He heals the broken hearted and binds up their wounds.



Ask students if they have ever been to an emergency room or had to stay in the hospital overnight as a patient. How did they feel? Sometimes it's scary, and you need something to keep you busy. You can help.



Contact a local hospital to see if your class might make an "ER Special Kid Box." Make this available for medical personnel to give a special toy to children in the emergency room or to have available in the waiting room. Make sure to restock the supplies regularly. First, see what the hospital's needs might be. Then, as a class, decorate a special box. You might include your church or group name on the box. Finally, start collecting items for the box. Consider making this a church-wide project.

Items to include: small toys/action figures, picture books, crayons and color books, stickers and sticker books, small stuffed animals, toy cars and complete craft kits (that includes all supplies for the project). Students will have more ideas.

Take a few students with you to deliver the "ER Special Kid Box."



PEOPLE ON ADVENTURE



Meet the Nzungizes

Emmanuel and Rachel Nzungize are both nurses. Emmanuel studied at Kibogora Polytechnic, and Rachel studied in the United States. They met in Kibogora, Rwanda, in 2015 while Rachel was volunteering as a nurse at Kibogora Hospital. Emmanuel, a Rwandan, was her translator. Their friendship developed, and they got married in 2018. After a few years in the United States, they felt God was calling them back to Kibogora. They teach at the local nursing school, work at the hospital and assist with responsibilities at the mission guest house. Both Emmanuel and Rachel are excited to care for patients and provide education for other nurses and nursing students. Rachel has a master's degree in global health and helps to assist hospital staff with quality improvements as needed. The Nzungizes also love welcoming shortterm volunteers and serving as a bridge within the community. They have three young children: Noella, Matayo and Luka.

Contact the Nzungizes: rmaybray@gmail.com

Pray for the Nzungizes

- Pray the hospital's patients will experience God's healing and know Jesus loves them because of the care Rachel and Emmanuel provide them.
- Pray Rachel and Emmanuel will be good teachers for the nursing students.
- Pray for Rachel and Emmanuel as they care for guests and visiting doctors and nurses who come to Kibogora to serve.
- Pray for the hospital projects, especially the equipment needed for the new emergency room.
- Pray for Noella and Matayo as they grow and make friends. Ask God to keep them healthy.
- Pray baby Luka will be strong and healthy.

Prayer cards for the Nzungizes are available from Free Methodist World Missions. If you would like some for your students, please contact janet. coates@fmcusa.org.

ADVENTURE IN PRAYER

HEALING BOARD

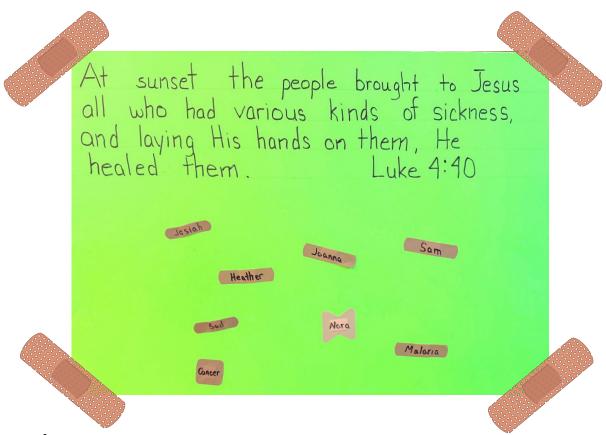
Materials Needed:

- A piece of poster or foam board, or you could use a whiteboard in your classroom
- A supply of large adhesive Band-Aids, large enough to write one or two words on
- Good-quality markers that can be used to write on the Band-Aids (test ahead of time)

Do Ahead:

Set up whatever you will be using for your healing board. At the top of the board, use a marker to write this scripture:

At sunset, the people brought to Jesus all who had various kinds of sickness, and laying his hands on each one, he healed them (Luke 4:40).



Prayer Time:

Remind the students that Jesus healed – and is still healing – people. Encourage them to write on the Band-Aid the name of someone they know who needs Jesus to heal them. If they have trouble thinking of someone they know, encourage them to think of the patients at Kibogora Hospital. They could write general words for patients with specific problems. For example:

Surgery	Malaria	Broken bones	Injury
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New babies Pneumonia Cancer Sad or afraid

After students have written a name or word they want to pray for, have them come one or two at a time and stick their Band-Aid on the healing board. After all band aids are in place, ask for student volunteers who will pray aloud for healing for the person they have named. Then have an adult close in prayer for all those represented on the board. (You might choose to leave the board up and remove Band-Aids as prayers are answered.) This idea is adapted from Flame Creative Kids - flamecreativekids.blogspot.com/.

LANGUAGE

Greetings and phrases in Kinyarwanda:

Good morning	Mwaramutse	mwa-ra-mut-se
Good afternoon	Mwiriwe	mwi-re-we
Good evening	Mwanbere	mwa-mbr-re
Goodnight	Mwirirwe	mwe-ri-rwe
Hello	Muraho	Moo-RAH -Hoh
How are you?	Amakuru?	ah-mah-koo-roo
I'm good	Ni Meza	Nee-MAYza
Thank you	Murakoze	Moo-Rah-Koh-Zay
Goodbye	Murabeho	mer-a-bay-ho

 $Sources for language: \underline{twinkl.com/homework-help/world-geography-homework-help/africa-facts/rwanda-facts-for-kids \ and \underline{howtosayguide.com/how-to-say-hello-in-kinyarwanda/}$







MUSIC

Hallelu, Hallelu, Hallelujah (Kinyarwanda) Percy B. Crawford

	Translation:	Pronunciation:
lallelu, Hallelu, Hallelu, Hallelujah	Hallelu, Hallelu, Hallelu, Hallelujah	Ha-lay-LU, Ha-lay
		Ha Jay III VA

Hallelu, Hallelu, Hallelu, Hallelujah	Hallelu, Hallelu, Hallelu, Hallelujah	Ha-lay-LU, Ha-lay-LU, Ha-lay-LU Ha-lay-LU-YA.
Shim' Imana. (repeat first two lines)	Praise ye the Lord. (repeat first two lines)	SHEE-mee-muh-nah. (repeat)
Shim' Imana, Hallelujah	Praise ye the Lord, Hallelujah	SHEE-mee-muh-nah, Ha-lay-LU-YA
Shim' Imana, Hallelujah	Praise ye the Lord, Hallelujah	SHEE-mee-muh-nah, Ha-lay-LU-YA
Shim' Imana, Hallelujah	Praise ye the Lord, Hallelujah	SHEE-mee-muh-nah, Ha-lay-LU-YA
Shim' Imana.	Praise ye the Lord.	SHEE-mee-muh-nah.

If you don't know the tune, watch this video on YouTube: youtube.com/watch?v=YRRDDXjigHk.

GAMES

Foot Touch

How you play:

Two players stand facing each other. They each raise one foot and use it to try to make the other person touch their foot to the ground. (No other parts of the body may be used.)

Stick Relay

What you need: 2 sticks

How you play:

Two teams line up parallel to each other. The first player in each line holds a stick. At the signal, each player runs with their stick from the front of the line, around the other team, and back to the next player, who takes the stick and runs the same way. (The first player then takes his place at the back of the line.) The first team whose players have all completed the race wins.







CRAFT

Weaving is one of Rwanda's traditional arts and crafts.

Woven Bowl Craft

Materials Needed:

Small paper plates

Pencil

Scissors

A glass or other round object to trace

Yarn in a variety of colors

Glue and paintbrushes (for the inside of the bowl)

Prepare Ahead:

In the center of the paper plate, trace the glass or other round object. Draw an odd number (seven works well) of evenly spaced marks from the edge of the plate into the center circle. Then cut along each line from the edge of the plate to the edge of the center circle you drew. Make additional cuts on each side of these cuts to form a V. Now fold each section up, folding along the pencil line of the circle, making sure none of the sections overlap. Prepare one plate for each student. You may also wish to precut pieces of yarn to save time during class. Prepare one sample bowl ahead of class.

Instructions:

- Students should slip a piece of yarn between one of the cuts, leaving a bit of yarn to hold onto with their thumb.
- Then they begin weaving the yarn over and under the cuts around the bowl.
- Students should keep the pieces of the bowl upward during the weaving to form the bowl.
- Occasionally, students should stop to push the yarn down so the plate is not showing.

- Once they have gone around the bowl several times with one color, they should stop and cut the yarn, leaving some to tie onto a new color. Tie on the new color and snip the ends. The knot can be tucked in after they finish. Continue the pattern of weaving over and under.
- Students may use several colors, but they should stop when they are about 1/8 of an inch from the top of the plate.
- Cut the last piece of yarn, tucking in the end.
- The top white edge of the bowl can be left up or folded down to create a rim.
- Students will now brush glue over the bottom of the bowl and create a spiral with yarn to cover the base.
- Finally, they should use a pencil to tuck in loose pieces from where the yarn was tied together.

This activity was adapted from the ideas from https://happyhooligans.ca/paper-plate-woven-bowls/ and https://kitchentableclassroom.com/woven-bowl-a-diy-with-free-printable-template/.

FOOD

Africans enjoy bananas, beef jerky, corn, tomatoes, pumpkins, yams (sweet potatoes), peanuts, cashew nuts, or bread and jam.

Serve sugarcane pieces, peanuts, fried plantain slices, fried potato slices, banana and coconut pudding, dates, or select from these fruits: bananas, mangoes, papaya, pineapples, oranges. Put fruit on a kabob.

Despite being famous for their coffee, few Rwandans drink it. Rwandan tea is called chai in Swahili. They boil water, tea, milk and sugar together

for a sweet, thick drink. Fresh fruit is used in many desserts and drinks, especially bananas and coconut. Rwandan bread, chapati, is a flatbread that tastes sweet.



(East African Doughnut)

Ingredients:

1 1/4 cup of flour

2 tablespoons sugar

1 teaspoon of baking powder

1 teaspoon ground cardamom pinch of salt

1 egg

1/4 cup of milk or coconut milk oil for frying

Directions:

Mix dry ingredients and then mix in egg and milk until well blended. Roll out as for a jelly roll to about 3/4-inch thickness. Cut using a doughnut cutter with the center ring removed. A glass turned upside down will also work. Fry in hot (365 degrees) oil until golden brown. Makes about 1 dozen.



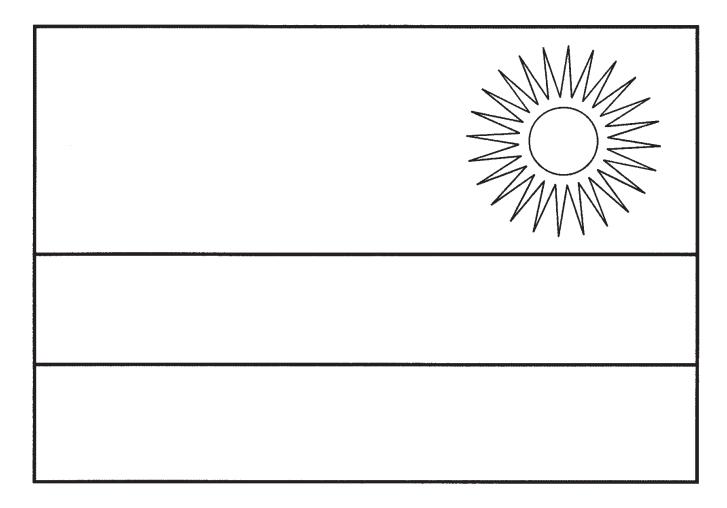
FLAG, MAP AND PUZZLES

Rwandan Flag



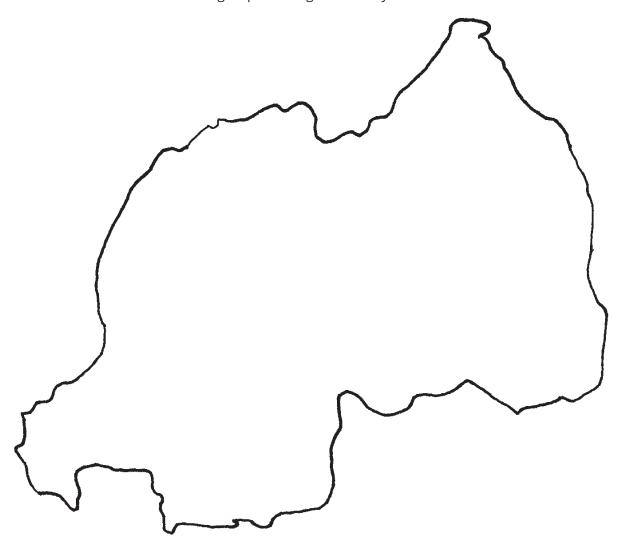
Rwanda adopted a new flag in October 2001. Green represents hope for prosperity and wealth. Blue represents peace and happiness. Yellow represents economic development. The sun stands for unity.

The top band is blue, the middle band is yellow, and the bottom is green. The sun is yellow.



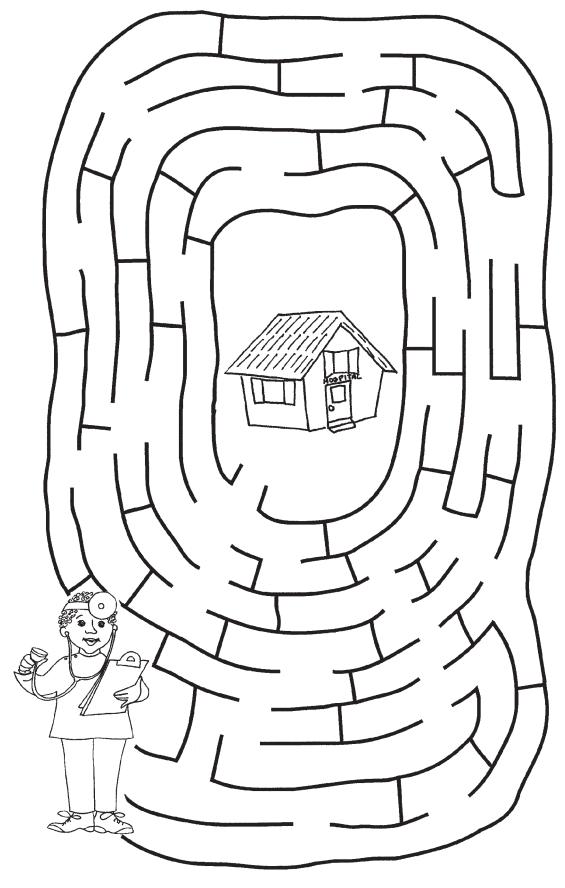
Rwandan Map

Use a pencil, pen or marker to add Kigali (the capital city), Lake Kivu, and Kibogora Hospital. Draw pictures of animals found in Rwanda or other things representing the country.



Kibogora Maze

Help the doctor find Kibogora Hospital so he can help people get well.



Rwanda Word Search

Circle the words hidden up, down, across, backward, forward and diagonally.



Find and circle words related to Rwanda. Words can be forwards, backwards, up, down or diagonal.

S	Р	L	0	Z	Н	K	E	Z	ı	G	N	U	Z	N
Α	R	1	E	S	E	0	N	Α	С	L	0	٧	В	Н
L	К	С	С	К	E	1	Т	L	Ţ	Н	G	К	L	R
L	E	U	М	Α	S	Р	0	Н	S	1	В	Р	R	0
T	1	м	S	Α	D	N	Α	w	R	Α	Υ	N	T	К
К	Α	0	0	Т	U	F	N	D	К	Ĩ	L	K	К	Α
U	G	Ü	0	U	E	К	ı	В	0	G	0	R	А	L
٧	S	N	1	F	Н	К	N	U	В	D	L	L	L	I
ı	0	Ţ	N	R	0	N	S	м	R	А	А	Р	L	E
К	м	Α	Α	Α	S	Υ	К	Α	Т	D	T	0	1	E
E	0	I	K	N	Р	Т	Р	I	В	G	Ĺ	0	R	С
K	S	N	U	С	1	0	Р	E	К	А	L	0	0	D
Α	I	S	Н	0	E	S	С	Н	0	0	L	S	G	ı
L	А	L	L	L	0	G	U	0	S	L	Α	Α	Т	N
G	L	С	0	Н	0	S	E	E	F	F	0	С	Х	E

BASKETS GORILLA KINYARWANDA
BISHOP SAMUEL HOSPITAL MOUNTAINS
COFFEE LAKE KIVU NZUNGIZE
FRANC LEOPARD SCHOOLS

KIBOGORA



GOLD

VOLCANOES



Capital city: Kigali
Main languages: French, Kinyarwanda
Main religions: Christian,
native beliefs

Did you know?

The sun on Rwanda's flag represents unity.

The top blue band represents peace and happiness.

The middle yellow band represents economic development.

The bottom green band represents hope of prosperity and wealth.

About 90% of Rwanda's population is involved in agriculture. The country exports coffee & tea.



For over 40 years Rwanda and neighboring Burundi were one country called Ruanda-Urundi.



Rwanda is known as the country of a thousand hills. Five volcanoes can be found in these hills.

Rwanda is the most densely populated country in Africa - meaning there are more people living in Rwanda's space than in other African countries.

P

a

Pray for Free Methodist work in Rwanda. Also pray as the chaplains at Kibogora Hospital share Jesus' love with patients.

f

Rwanda

Kiborgora Hospital helps many people to not only find physcial healing, but also to find Jesus. Pray for the doctors and nurses as they care for people and show the love of Jesus.



Using the word list, complete the verses below.

word list
feet
hand hearts
grow
hears) /
voice

apart Christ (as Lora. 1 Peter 3:15
" whoever _	my
word and beli	eves him who sent al life" John 5:24
But	in the grace

and the knowledge of our Lord and Savior Jesus Christ. 2 Peter 3:18a

"I, the Lord, have called yo	ou in righteousness; I
will take hold of your	" Isaiah 42:6
"If anyone hears my	and opens th

door, I will come in ..." Revelation 3:20b

How beautiful on the mountains are the _____ of those who bring good news ... Isaiah 52:7a

up to a mirror): µ691£, h681€, grow,

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Wikipedia

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Puzzle Answers:



