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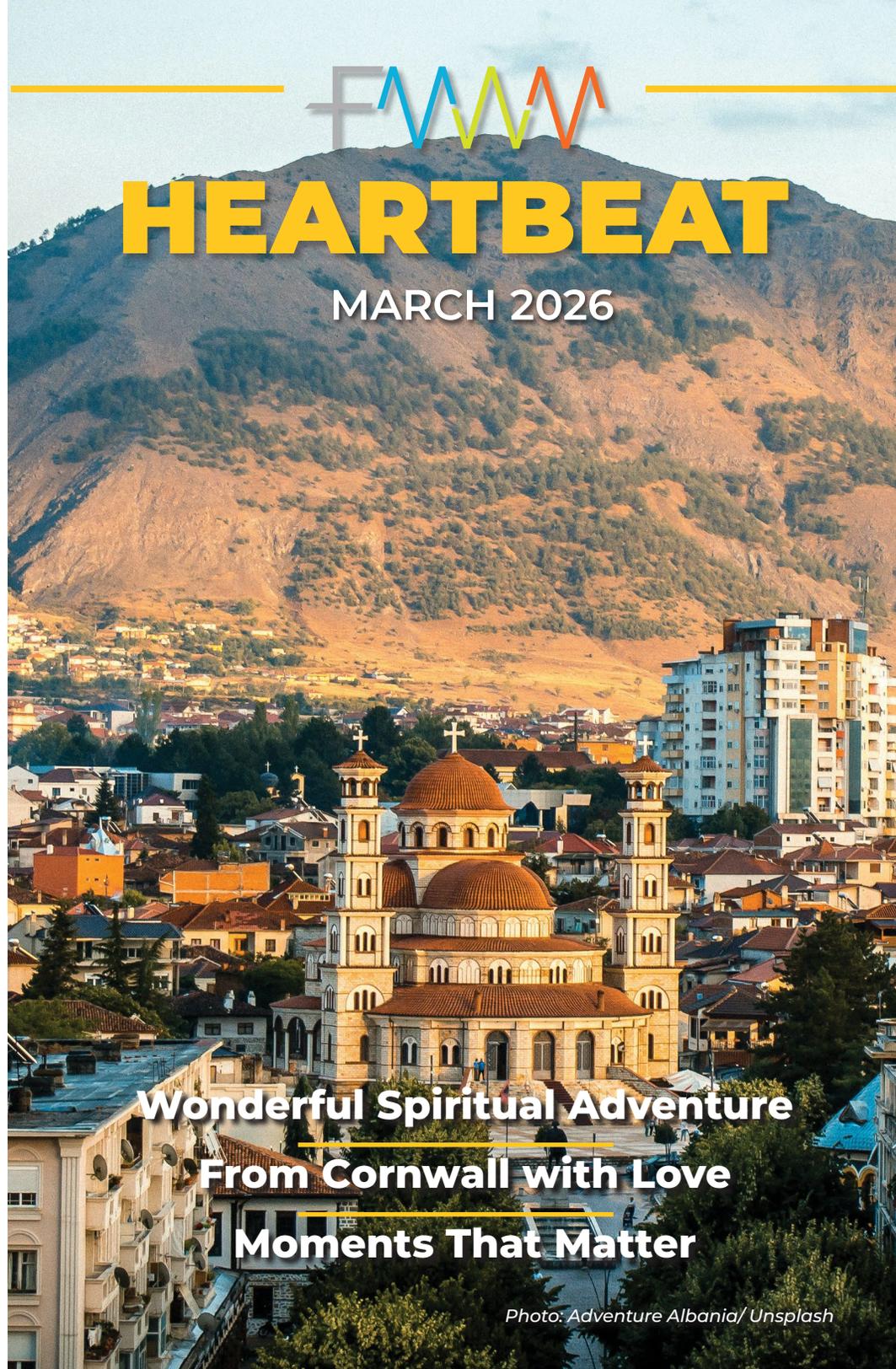
HEARTBEAT

MARCH 2026

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Free Methodist World Missions makes disciples by mobilizing the global church and empowering international leaders to establish transformational churches.



HEARTBEAT

MARCH 2026

**Wonderful Spiritual Adventure
From Cornwall with Love
Moments That Matter**

Photo: Adventure Albania/ Unsplash

WONDERFUL

Spiritual

ADVENTURE



By Peter Clark, Chairman of Eagles Wings (Albania)

Algent Bregu's barbershop is a hub of activity in the historic center of Korçë, Albania. Algent and his wife, Erjona, a special-needs teacher, go about their daily vocations with a special purpose — to reach out to an unreached local population who would otherwise not be interested in the gospel. They do this naturally through workplace relationships.

In January 2024, the Bregus opened the Korçë Adventure Center, a facility with meeting space, a kitchenette, a coffee and tea bar, and Algent's adjacent barbershop. Upstairs, they manage a modern Airbnb and live in their own apartment. This ministry hub supports a wide variety of community activities, including cycling, hiking, camping, and fishing for youth and adults, plus cooking, reading, and singing events for families. This helps build bridges within the community, leading to long-term relationships and eventually deep discussions about faith.

In the summer of 2025, in conjunction with the local Korçë Alpine Club, Algent and Erjona joined a dozen people, most from nonfaith backgrounds, for a three-day retreat in Macedonia. Several participants expressed a desire to become believers, even though they said they "knew nothing about the gospel." One special-needs teacher shared that before the retreat, she felt her life was hopeless and contemplated suicide. She described being bullied

and rejected for her withered hand. Furthermore, the message at the retreat — and the love shown during it — made her realize her worth in Christ, leading her to decide to follow Him and care for others.

This core group of new, local leaders is now meeting regularly in three separate studies — exploring scripture together and discussing how to facilitate a multiplying, disciple-making lay movement for sharing the gospel in the Korçë region. Algent is a natural shepherd and apostle, and others in the local core leadership team complement his gifts and visions.

Free Methodist World Missions is partnering with the Bregus as the ministry develops. The team in Albania is working with Michael Long, FMWM missionary in Thessaloniki, Greece, to study the spiritual and theological foundations of a healthy home church and discipleship movement. This will help each of them gain a lay-minister license, enabling local Albanian leaders to perform baptisms, weddings, funerals, communion, and continue to disciple and lead other multiplying disciple makers.

Algent laughs with joy and comments, "We are all on a wonderful spiritual adventure together to reach many people in my country. Please continue to pray for us!"

FROM CORNWALL WITH Love

By Raul Arana, International Missionary (Spain)

I remember standing on the windswept cliffs of Cornwall, looking out at an ocean that seemed to separate worlds. For years, I viewed missions as something happening “over there,” a distant effort sustained by a check in the mail. But standing shoulder-to-shoulder with brothers and sisters from Helston Light and Life, I realized missions is far more than an activity or a budget line; it is a posture of the heart. It begins when we stop looking inward at our own needs and start looking outward at the world Christ loves. It is the breathtaking moment when a local congregation awakens to the reality that it belongs to a global family.

Our partnership with Helston Light and Life Center in Cornwall is a living example of mobilizing the global church. These are not distant professionals; they are day-to-day disciples who have simply said “yes” to God’s invitation. They have looked beyond their borders and declared, “We will come.” Their faithful commitment to our summer camp ministry, in Madrid, Spain, expressed through sacrificial financial support and through teams who joyfully serve beside us, is the gospel in motion.

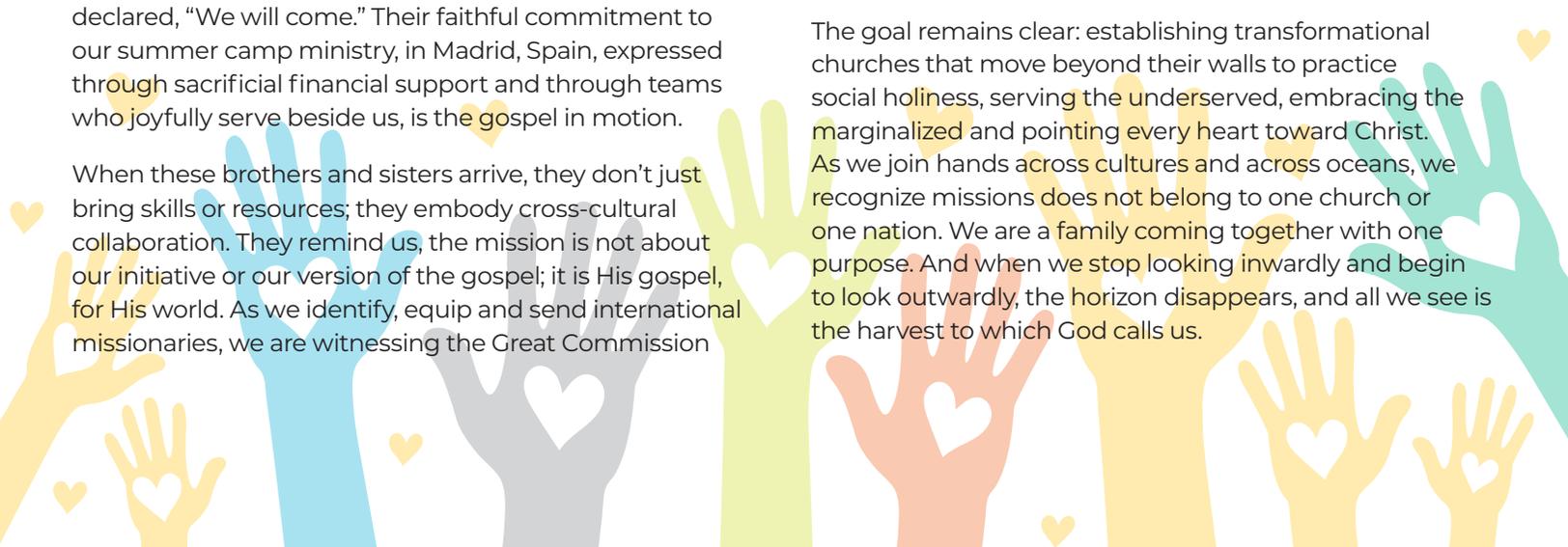
When these brothers and sisters arrive, they don’t just bring skills or resources; they embody cross-cultural collaboration. They remind us, the mission is not about our initiative or our version of the gospel; it is His gospel, for His world. As we identify, equip and send international missionaries, we are witnessing the Great Commission



unfold in its most organic form. We hear again the heartbeat of John Wesley’s conviction: “The world is my parish.”

Our partnership continues to deepen as we work alongside the UK and Ireland Free Methodist Conference. This new chapter is about more than administrative ties; it is about shared passion. Together, we long to extend the gospel to places still waiting to hear. We are investing in leaders through “Head-Heart-Hands” training that prepares disciples to plant seeds of multiplication in their own soil.

The goal remains clear: establishing transformational churches that move beyond their walls to practice social holiness, serving the underserved, embracing the marginalized and pointing every heart toward Christ. As we join hands across cultures and across oceans, we recognize missions does not belong to one church or one nation. We are a family coming together with one purpose. And when we stop looking inwardly and begin to look outwardly, the horizon disappears, and all we see is the harvest to which God calls us.



Moments THAT MATTER

By Zsuzsa Mecséri-McNamara, International Missionary (Hungary)

She grew up in a world where safety was never guaranteed. Raised in a group home, she carried the weight of a complicated family history; her mother struggled with mental illness, and her father was in prison. Without a stable support system, she was vulnerable to anyone who showed her attention. That is how a “*Loveboy*” found her, manipulated her and pulled her into exploitation. For a long time, she had no one to trust and no way out.

Eventually, after months of fear, confusion and exhaustion, she found the courage to ask for help. She reached out to one of our partner organizations, and later in her journey, we were invited to walk alongside her. From the first moment we spoke, it was clear she was fighting battles on many fronts: trauma, anxiety, physical health challenges and a deep sense of abandonment. She carried the kind of pain that doesn't stay hidden; it shows up in the eyes, in the posture, in the stories that break your heart as you listen.

Our church community stepped in with simple things that became sacred things: medication support when she couldn't afford it, food when days were long and empty, conversations that made space for her grief, and prayer offered not as a quick fix but as companionship. For a short but important season, we were able to be present with her, offering friendship and dignity during a time of crisis.



Photo: Rosie Fraser/Unplash

The process moved quickly. Soon she was placed in a safe home where trained professionals could offer the comprehensive, trauma-informed care she needed. Because of the safety protocols, we no longer have direct contact with her; yet we continue carrying her in prayer. We trust the care she received from us in those vulnerable days will continue to bear fruit in her journey toward healing.

Her story reminds us of what it means to be a transformational church: stepping gently into the lives of the hurting, offering tangible support, and trusting God to continue the work long after our part is finished. Even brief moments of compassion can become lifelines, and through them, hope begins to grow again.

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All Scripture quotations take from the New International Version unless otherwise indicated.



MARCH PRAYER GUIDE

01 > **Sunday** | **Argentina**

Pray for the ongoing development of leaders and the creation of a disciple-making culture.

02 > **Monday** | **Cambodia**

Pray for clarity, favor and momentum in the house church-planting vision, and for at least 10 new churches to be established in 2026.

03 > **Tuesday** | **Middle East**

In places marked by division and conflict, God is using small acts of kindness to change hearts through individual relationships. Pray ordinary believers will be reflections of Christ right where they are.

04 > **Wednesday** | **Chile**

Praise the Lord for churches serving 19 communities in Chile. Pray the Holy Spirit will continue to work through the church at both local and national levels for holistic transformation in Chile.

05 > **Thursday** | **Africa**

Pray for the curriculum-development project in Africa as leaders work toward rolling out four new pastoral formation courses by February 2028. **Birthday: Glenn Lorenz**

06 > **Friday** | **Spain**

Pray for Kristi Lancaster as she continues to establish prayer and financial partnerships that will allow her to deploy to Spain where her gifts and skills as a teacher will be used at the Mosaico Center. **Birthday: Kristi Lancaster**

07 > **Saturday** | **Bolivia**

The annual meeting in Bolivia began yesterday and continues through the 8th. Pray for the unity of the Bolivian church as they seek the holistic restoration of communities and the growth of the kingdom in Bolivia.

08 > **Sunday** | **Asia**

Join us in praying for Muslim communities across Asia — that the Spirit will prepare hearts, Jesus would reveal Himself through dreams, visions, and personal encounters, and many will be drawn to the hope found in Jesus.

09 > **Monday** | **Burundi**

Pray for Hope Africa University, a liberal-arts institution preparing professionals and church leaders for impact in the culture.

10 > **Tuesday** | **Asia/Bulgaria**

Asia: Pray for continued open doors and Spirit-led opportunities for courageous gospel witness across Asia. Ask the Father to pour out resources in abundance to support these opportunities. **Birthday: Eric Bulgaria:** Pray for students, young and old, studying at the Bible training schools in five locations. **Birthday: Chance Galloway**

11 > **Wednesday** | **Thailand**

In early January, Wendi had spinal surgery in Thailand. Please pray for her continued recovery and that the surgery will alleviate the symptoms and discomfort she was experiencing. **Birthday: Wendi**

12 > **Thursday** | **ICCM**

Pray for a partnership with Zoe Empowers that is helping vulnerable young people in Malawi become young entrepreneurs, giving them skills and training to become secure, healthy and connected members of the community.

13 > **Friday** | **Guatemala**

Pray for the social-impact projects aimed at ministry to children. Ask the Father to transform the lives of the children served by the church.

14 > **Saturday** | **Guinea Conakry**

Praise the Lord for several new believers baptized in Guéckédou in December 2025, and pray for Alain, who serves in this region of Guinea, and for the development of the churches there.

15 > **Sunday** | **Malta**

Pray for the encouragement of the believers in the one house church in Malta, and ask God to provide more leaders to plant additional churches.

16 > **Monday** | **Peru**

Pray for the growth and health of the Free Methodist work in the country's capital, Lima, where there are more than 13 million people.

17 > **Tuesday** | **New Zealand**

There is now a house church in Auckland and a church plant in Christchurch. Pray for God's guidance for a couple in the Philippines who are considering missionary service in New Zealand.

18 > **Wednesday** | **Ethiopia**

Pray for the strength, health and spiritual encouragement of Superintendent Mekebib Desta as he leads the church in Ethiopia.

19 > **Thursday** | **Iraq**

Pray for the Noor Center, as it continues to serve as a safe place for learning, growth and transformation. Ask God to strengthen relationships, provide resources and bring lasting impact.

20 > **Friday** | **360 Misson District**

Pray for several locations — Pavones, Quepos, Parrita and Dominical — where disciples are being actively multiplied and groups are forming.

21 > **Saturday** | **South Korea**

Pray for wisdom and discernment in developing meaningful connections as leaders work toward establishing a healthy Free Methodist work in South Korea.

22 > **Sunday** | **Set Free Movement**

Pray for the Thrive group in Togo as they raise awareness about trafficking, educate the young, and work with the Wunders project to keep girls in school.

23 > **Monday** | **Latin America**

Believers across the Latin America Area will participate in prayer walks in their communities, March 23-29. As they go about their communities, pray the Lord will give them eyes to see the things He sees.

24 > **Tuesday** | **Albania**

Pray for Erjona Bregu. As she teaches primary school in Korcë, pray the Lord will give her opportunity to share about Jesus and the hope that is within her.

Birthday: Erjona Bregu (Affiliate Missionary)

25 > **Wednesday** | **Democratic Republic of Congo**

Please continue to pray for peace and stability in this nation as conflict and violence are ongoing. Ask the Father to give safety and provisions for those trying to provide humanitarian aid.

26 > **Thursday** | **Creative Access-MR**

Pray for leaders in this country who continue to lead courageously and joyfully through great challenges and difficulty.

27 > **Friday** | **Puerto Rico**

The annual conference in Puerto Rico takes place March 27-29. Pray for Thad Roller and Bishop Kenny Martin as they minister to pastors and leaders during this time.

28 > **Saturday** | **Ukraine**

Please continue to pray for the restoration of peace and safety in this country — and for the encouragement and perseverance of believers amid loss and uncertainty.

29 > **Sunday** | **Middle East**

Use Psalms 63:1 in praying for believers and seekers in the Middle East. Pray their souls would thirst for God like dry land longing for rain, and He would satisfy them fully, even in places where refreshment feels scarce and hope seems distant.

30 > **Monday** | **Australia**

Pray for spiritual revival in Australia and for God's call to some who will be missionaries in both urban and Aboriginal areas.

31 > **Tuesday** | **Ivory Coast**

Sekala and Laure are graduates of the Wesley Missionary Institute who are now serving as missionaries. Pray for them as they make disciples and develop the Daloa church plant.

*“Give me the Love that leads the way
The Faith that nothing can dismay
The Hope no disappointments tire
The Passion that’ll burn like fire
Let me not sink to be a clod
Make me Thy fuel, Flame of God”*

— Amy Carmichael

“Untold millions are still untold.”

— John Wesley